

BOUGIE KITTY V-STEAM MENU

STEAMS STARTING AT \$39.99 + UP TO 4 HERBAL BLENDS (\$60 MAX)

OREGANO \$5
Reduces menstrual cramps. Helps to ease symptoms of UTI's Antispasmodic & Antimicrobial

RED RASBERRY \$5
Tones uterine muscles.

SAGE \$5
Good for depression, loss of memory & energy
Cleansing. Sage is great for aiding reduction of cramps. It's also antispasmodic, antibacterial and antimicrobial. Sage is very relaxing & best to release unwanted energy in the womb

MARSHMELLOW \$5
Anti-inflammatory & antiseptic. Helps aid in infections, swelling & can help w/pain in general. Very good herb to aid in UTI's or other vaginal infections

BASIL \$5
An antispasmodic Really good for menstrual cramps toning and strengthening

MOTHERWORT \$5
Astringent, tonifying & Cleansing, strengthening & relaxes uterine muscles. Eases uterine cramping and help to reduce fibroids

YARROW \$5
Astringent, toning & cleansing. Great for regulating menstrual flow, ovarian cyst & supporting overall uterine health

ROSEMARY \$5
Antimicrobial herb that treats bacterial infections speeds wound healing & stimulates menstruation. Aids in reduction of ovarian cyst.

LADYS MANTLE \$5
Women's healing herb. Naturally contains salicylic acid and has sedative properties that alleviate cramps and painful menstruation.

CHASTE TREE BERRY \$5
Used for irregular menstrual cycles PMS and PMDD (dysphonic disorder) also used for female infertility and preventing miscarriage in women with low progesterone

CRAMP BARK \$5
Relieves menstrual cramps and muscle spasms. Kidney stimulant for urinary conditions that involve pain or spasms

WITCH HAZEL \$5
Anti-inflammatory, antiseptic & antifungal. Helps improve blood circulation & aids in treatment of infections

LAVENDER \$5
Most relaxing herb. Supports healing with antimicrobial benefits. Promote menstrual flow. Yep

ROSE PETALS \$5
Relaxing and uplifting astringent herb. Softens skin. Vagina facial herb

MUGWORT \$5
Fights infection through its Antimicrobial & antifungal properties, balances female hormones that maintain uterine health aids with uterine abnormalities such as ulcers and tumors. Helps to stimulate menstrual discharge & eases cramps

HIMALAYAN SALT \$5
Helps regulate blood flow. Great for balancing PH.

CALENDULA \$5
Soothes and aids in healing of scar tissue, vaginal tears and hemorrhoids.

CHAMOMILE \$5
Anti-inflammatory & antispasmodic. Helps to ease anxiety, Insomnia & depression. Aids in reduction of menstrual cramps